

Episode 11: 30 Days of Gratitude Day Eleven

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We are continuing our 30 Days of Gratitude! If you missed the scoop about why we're celebrating, be sure to check out [Episode One](#). Yesterday, we talked about how to be grateful even when you really want to get back at people for what they did to you. Today, we're going to be discussing Day Eleven's topic: **Why Don't They Love Me?**

This topic is very close to my heart because I have spent a great portion of my life asking this question. I am one of the most loving and giving people you will ever meet. Seriously. Now you wouldn't know that by looking at me, because God is still moving in my facial expressions. But it seems like no matter how nice I strive to be, there are some people who still don't love me. They love what I have to offer, they love what I give, but they don't love ME. And sometimes, it really hurts. It hurts when you have people in your life who only acknowledge your existence when they want something from you, but they claim to love you. Trust me... I completely overstand.

However, one thing I always challenge you to remember is that your life isn't about them. You're not accountable for them. You're accountable for you. And you're an amazing person to be accountable for. You're a wonderful, powerful and magnificent person to be accountable for.

So, in keeping with my good ole tradition, I'm gonna give you three things to be grateful for when you find yourself asking yourself why others don't love you.

Number One: Be grateful that God loves you. Seriously. I know it sounds cliché, but be grateful that without any strings, restrictions or conditions, God loves you. God loves you every moment of every day. It's the best love you could ever feel, and it's sad that so many people never get to embrace the love of God because they equate the love of God to the love people show them (or don't show them), and there is absolutely no comparison. God literally IS love. Nothing compares to that. Absolutely nothing.

In the podcast notes on my website, I'm gonna link a song written by Naomi Parchment called "You Still Love Me". It's a short, simple song, but it is tremendously powerful. Be sure to listen to it.

Number Two: Be grateful that when you don't have anyone else, you have you. Think about it. You're the only person in the world who has always been with you and will always be with you. So although we need relationships and love and support from others, when no one else is there for you, make sure you're there. Be grateful for yourself. Love yourself.

Number Three: Be grateful for the people who DO love you. They may not love you the way you want to be loved (or even the way you feel you need to be loved) because everyone expresses love differently, but there are people who genuinely love you. Don't allow the people who don't really love you to overshadow the ones who do. And if no one else loves you, you know I do! But I'm sure there are people in your life who love you as well.

Don't ever let others' lack of love keep you down. You live in a universe that was literally built by love. Everything God created was created in love because God is love. Everything. Including you. So love yourself. Be good to yourself. The more you love yourself, the more you'll see that love being reflected back to you.

Have an amazing day today. Show love to yourself AND others. Be GREAT! I speak life to you and everyone and everything connected to you! Catch me tomorrow!

XOXO,

Na'Kole ♥